

# **Practice Transformation Program**

## Personal and Team Productivity

## **PTPRO Course Description**

Boost productivity at a personal level and within your organization by understanding natural obstacles, implementing a proven task management methodology and effecting team-wide adoption.

### **Syllabus**

#### Section One - Understanding WHY our current task management habits do not serve us

#### Week 1

- Session 1: Beginning with the End in Mind: Outcomes of Personal Process Improvements
- Session 2: Overcoming Productivity Myths and Roadblocks

#### Week 2

- Session 3:
  - o The Productivity and Priority Connection
  - The Productivity Method

#### Section Two – Building Your Productivity System

#### Weeks 3-8

- Session 4: Curbing the Input Chaos: The Zero Inbox Reality
- Session 5: Zeroing Your Inbox: A Practical Exercise
- Session 6: Inputs to Actions: Engineering a Sustainable Task System
- Session 7: Engineering Your Task System: A Practical Exercise
- Session 8:
  - Prioritizing Your Tasks: Embracing Intentionality
  - Engaging and Maintaining a High-Productivity Lifestyle

#### Section Three - Taking It to the Team

#### Weeks 9-10

- Session 9:
  - Harmonizing Individual Actions into Team Projects
  - o Fostering Team Adoption and Developing Strategies for Continual Improvement
- Session 10: Systems and Processes that Maintain Team Accountability and Alignment



# **Practice Transformation Program**

## **Personal and Team Productivity**

## **Course Schedule**

Session 1	7/7/20 Tue	12-2pm eastern
Session 2	7/14/20 Tue	12-2pm eastern
Session 3	7/21/20 Tue	12-2pm eastern
Session 4	7/28/20 Tue	12-2pm eastern
Session 5	8/4/20 Tue	12-2pm eastern
Session 6	8/11/20 Tue	12-2pm eastern
Session 7	8/18/20 Tue	12-2pm eastern
Session 8	8/25/20 Tue	12-2pm eastern
Session 9	9/1/20 Tue	12-2pm eastern
Session 10	9/8/20 Tue	12-2pm eastern